# Strengths Spreadsheet

## KEY:

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Strengths used OFTEN =

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Strengths used LESS OFTEN =

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|  | **IVAN** | **FER** | **SANDRA** | **RUBEN** |
| **Compassion** |  | **Checkmark with solid fill** |  |  |
| **Competitive** | **Checkmark with solid fill** |  |  |  |
| **Curiosity** | **Checkmark with solid fill** | **Checkmark with solid fill** | **Checkmark with solid fill** |  |
| **Debater** | **Checkmark with solid fill** |  |  | **Checkmark with solid fill** |
| **Decision Maker** | **Checkmark with solid fill** |  |  |  |
| **Detail** | **Checkmark with solid fill** | **Checkmark with solid fill** |  |  |
| **Emotional Awareness** |  | **Checkmark with solid fill** |  |  |
| **Explainer** |  |  |  | **Checkmark with solid fill** |
| **Hard Worker** |  | **Checkmark with solid fill** |  | **Checkmark with solid fill** |
| **Moral Compass** | **Checkmark with solid fill** | **Checkmark with solid fill** | **Checkmark with solid fill** | **Checkmark with solid fill** |
| **Orderly** | **Checkmark with solid fill** | **Checkmark with solid fill** |  | **Checkmark with solid fill** |
| **Organiser** | **Checkmark with solid fill** |  | **Checkmark with solid fill** |  |
| **Persuasion** |  |  | **Checkmark with solid fill** |  |
| **Pride** |  |  |  | **Checkmark with solid fill** |
| **Resilience** |  | **Checkmark with solid fill** | **Checkmark with solid fill** |  |
| **Responsible** | **Checkmark with solid fill** |  | **Checkmark with solid fill** | **Checkmark with solid fill** |
| **Service** | **Checkmark with solid fill** | **Checkmark with solid fill** | **Checkmark with solid fill** |  |
| **Supportive** |  |  | **Checkmark with solid fill** |  |
| **Writer** |  |  |  | **Checkmark with solid fill** |